

# GROUP RIDE ETIQUETTE AND SAFETY

## BE PREDICTABLE

- Look before you move
- Ride in a straight line.
- Keep your speed consistent.
- Look behind you before changing lane position.

## USE SIGNALS (Hand or Verbal)

- Signal before making turns.
- Signal following riders of your intention to reduce speed or to stop.
- Alert following riders to approaching road hazards (e.g. storm drains, railroad tracks, potholes, road sand, etc.).
- Lead riders should announce “car up” and “pedestrian ahead.”
- Sweep riders should announce “car back.”

## LANE POSITIONING

- Pass riders and pedestrians on the left. Do not pass cyclists on the right except when riding in a pace line and a lead rider stays left to fall to back of the pace line.
- Alert riders and pedestrians before passing (e.g. “On your left”).
- Move to the left lane when preparing to make a left turn.

## LEAVE A GAP

- Leave a gap between every 4-5 cyclists to allow cars to pass safely on narrow roads.

## REGROUPING

- Plan regrouping points in advance.
- Always stop well off the road to not interfere with traffic.